



The complete 2010 STOTT PILATES Certification schedule at The Pilates Body Studio.

Anatomy

winter 2010 | Anatomy Review Workshop
Fri Jan 15 2-9pm 6 hours | \$240

winter 2010 | Anatomy Course | Jan 16, 23, 30
12-5:30pm 15 hours | \$375

Intensive Mat-Plus (IMP) Course 40 hours | \$1,175

winter 2010 | weekend | Feb 5-7 | Feb 12, 13 | Feb 26-28
Fri 3-8:30pm | Sat 2-7:30pm | Sun 10-3:30pm

spring 2010 | weekend | Apr 30, May 1, 2 | May 28-30 | June 25, 26
Fri 3-8:30pm | Sat 2-7:30pm | Sun 10-3:30pm

summer 2010 | weekday | July 19-22 | July 26-29
10:30-4pm daily

fall 2010 | weekend | Sept 24-26 | Oct 1-3 | Oct 15, 16
Fri 3-8:30pm | Sat 2-7:30pm | Sun 10-3:30pm

Intensive Reformer (IR) Course 50 hours | \$1,695

winter 2010 | weekend | Mar 5-7 | Mar 26, 27 | Apr 9-11 | Apr 16, 17
Fri 3-8:30pm | Sat 2-7:30pm | Sun 10-3:30pm

summer 2010 | weekend | June 4-6 | June 13-13 | June 18, 19 | June 25, 26
Fri 3-8:30pm | Sat 2-7:30pm | Sun 10-3:30pm

fall 2010 | weekend | Oct 22-24 | Oct 29, 30 | Nov 5-7 | Nov 12, 13
Fri 3-8:30pm | Sat 2-7:30pm | Sun 10-3:30pm

Intensive Cadillac (ICAD) Course 25 hours | \$900

spring 2010 | weekend | Apr 23-25 | Apr 30, May 1
Fri 3-8:30pm | Sat 2-7:30pm | Sun 10-3:30pm

fall 2010 | weekend | Nov 5-7 | Nov 12, 13
Fri 3-8:30pm | Sat 2-7:30pm | Sun 10-3:30pm

Intensive Chair (ICHR) Course

15 hours | \$540

spring 2010 | weekend | May 14-16
Fri 3-8:30pm | Sat 2-7:30pm | Sun 10-3:30pm

fall 2010 | weekend | Nov 19-21
Fri 3-8:30pm | Sat 2-7:30pm | Sun 10-3:30pm

Intensive Barrels (IBRLS) Course

10 hours | \$360

spring 2010 | weekend | May 7, 8
Fri 3-8:30pm | Sat 2-7:30pm | Sun 10-3:30pm

fall 2010 | weekend | Nov 26, 27
Fri 3-8:30pm | Sat 2-7:30pm | Sun 10-3:30pm

Injury & Special Populations (ISP) Course

24 hours | \$1205

spring 2010 | weekday | May 3, 4 | June 7, 8 |
10-5pm daily

fall 2010 | weekday | Oct 25, 26 | Nov 15, 16
10-5pm daily

Advanced Courses

spring 2010 | Advanced Mat | Fri Mar 12 | 2-9pm

6 hours | \$225

fall 2010 | Advanced Mat | Mon Nov 1 | 10-5pm

6 hours | \$225

spring 2010 | Advanced Reformer | May 28-30

18 hours | \$710

2010 | Advanced CCB | tba

CEC Days

June 17 2010 - tba

Oct 17 2010 – tba

Dec 4 2010 – tba

For further information, please contact:

Connie Ierullo

connie@pilatesbody.ca

905-891-0891

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